



BEREAVEMENT SUPPORT GROUPS

Groups are open to everyone in our community at no charge. All groups are facilitated by master's-level counselors or professional chaplains and take place at Hospice of Spokane unless otherwise noted.

Spouse Grief Support Group

Loss of a spouse through death

- Wednesdays, 1:00-2:15 PM at Hospice of Spokane

General Grief Support Group

Any loss through death

- Mondays, 6:00-7:00 PM at Hospice of Spokane
- North Side Group: Tuesdays, 1:30-2:30 PM at St. Luke Lutheran Church, 9706 N. Division
- South Side Group: Mondays, 3:00 - 4:00 PM at the South Side Senior Activity Center, 3151 E 27th

Loss of a Child Support Group

Loss of a child (any age, including adult) through death. Open to any adults who were involved in the child's life.

- Wednesdays, 4:00-5:00 PM at Hospice of Spokane

Survivors of a Loved One's Suicide

For those friends and family who have lost a loved one to suicide.

- Tuesdays, 5:30-6:30 PM, at Hospice of Spokane

Life After Loss Support Group

For those who have moved through early grief and are ready to explore their life after loss. Call for information and paperwork before attending. This group requires commitment to attend regularly.

- Call for scheduling information

Connections Child/Parent Grief Support Group

Children's group, ages 6-18. Adult group runs concurrently for parents, guardians, or other adults of grieving children. Child care can be arranged for children 5 and under.

Dates & Times:

- Fall: Oct 10 - Nov 14, 2007, 6-7 PM
- Winter: Jan 16 - Feb 20, 2008, 6-7 PM
- Spring: Apr 9 - May 14, 2008 6-7 PM