



“Connections”

2007 - 2008

“Connections” is a very special support group for youth (grades 1-12) who have experienced loss (through death) of someone close.

Children are divided into age-appropriate groups, including a separate group for adolescents, and meet with an experienced Hospice of Spokane bereavement counselor.

A support group for the participants’ parents (or the adults who care for them) is offered concurrently. This group, also led by a Hospice of Spokane counselor, helps the child’s important parental figures to reflect on their own and their child(ren)’s grief, and find skillful ways to parent and support their child(ren) during this difficult time. Parents/guardians of children age 6 and under are welcome; childcare is provided by arrangement.

Support groups are held at Hospice of Spokane, 121 S. Arthur. **Call to register prior to attending.**

There is no charge to attend our support groups.

The “Connections” program is designed to help children and the adults who love them:

- Find a safe environment for the expression of feelings
- Recognize that they are not alone in their grief
- Understand that grief is a normal expression of loss
- Learn about parenting a grieving child

Dates & Times

Fall: Oct 10 - Nov 14, 2007

Winter: Jan 16 - Feb 20, 2008

Spring: Apr 9 - May 14, 2008

“Connections” Bereavement Support for Families

Hospice of Spokane’s “Connections” support group is for families, children and adults who have experienced a loss through death. Children and adults meet in separate groups every Wednesday for six weeks to focus on feelings associated with this loss: *what happened, who I was and who I am now, my feelings, how I get support, and my place in the family and community.*

Hospice of Spokane

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